

Community Building Workshop



EVENTS@COMMUNITYBUILDING.COM

(865) 224-7130



KNOXVILLE, TN

2017 SCHEDULE

FROM CHAOS TO COMMUNITY / HEALING THE WOUNDS THAT DIVIDE

THIS WORKSHOP IS FOR

People who are working to impact the public health, safety and welfare of Knoxville — and are struggling with one or more of the following:

- Clients who have a hard time trusting others
- How to get program outcomes to the next level
- Cultural mistrust, conflict or division
- Staff burnout or high turnover
- Staff exposure to client trauma
- Dysfunctional teams or work groups
- Wasteful, politically charged or unsustainable collaborations
- Disengaged or unmotivated program participants

ABOUT COMMUNITY BUILDING

Community Building is a framework of powerful principles and practices that helps people — regardless of their backgrounds — to accept and transcend their differences, communicate openly and effectively, and live and work together with a sense of unusual trust, respect and safety. The most commonly used Community Building format is the Community Building Workshop.

Originally developed by M. Scott Peck, MD, renowned psychiatrist and best-selling author of the *The Road Less Traveled*, Community Building Workshops improve inter and intra personal skills, and lead to experiences of healing, renewal and personal and professional growth. They create ideal learning environments and high functioning classrooms, teams and collaborations. When applied across organizations, Community Building helps to create healthy, trauma informed, productive workplace cultures.



THE WORKSHOP EXPERIENCE

Guided by specially trained facilitators, this highly experiential process is an adventure in human interaction, which exposes participants to the principles of Community in an intensely personal way. Participants communicate in a richer and more authentic way than they are likely to have experienced in the past.

Community Building Workshops are also compatible with numerous evidence-based practices. Experts have described Community Building as “Trauma Informed Care in action,” the “missing link in Motivational Interviewing,” and “Restorative Justice on steroids.” Community Building Workshops can also be viewed as a type of group contemplative or mindfulness experience. Others simply call it “transformative” and “life-changing.”

APPLICATIONS

Community Building doesn't make a bad program good; but it can make a good program great. When incorporated into new and existing programs it can dramatically improve outcomes. Some recent applications:

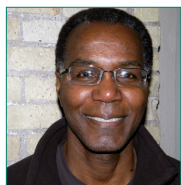
- Improved employment opportunities for former offenders
- Built high functioning cohorts among graduate students
- Boosted outcomes in a literacy program
- Prepared residents for a modified therapeutic community
- Assisted mothers to regain custody of their children
- Deepened alignment among collaboration partners
- Resolved staff conflict in a healthcare agency
- Enhanced domestic abuse services
- Helped youth transition from juvenile detention to home

OUR VISION

There is a yearning in the heart for peace. Because of the wounds and rejections we have received in past relationships, we are frightened by the risks. In our fear, we discount the dream of authentic Community as merely visionary. But there are rules by which people can come back together, by which the old wounds can be healed. The purpose of Community Building is to teach these rules — to make hope real again — and to make the vision actually manifest in a world which has almost forgotten the glory of what it means to be human.

— M. Scott Peck, MD

ACCELERATING CHANGE THROUGH THE SPIRIT OF COMMUNITY



CLARENCE JOHNSON

Clarence Johnson is Executive Director of WCS, a \$25 million organization with services for behavioral health, court and community alternatives, residential reentry, workforce development and youth.

"I have been involved with Community Building Workshops for almost 10 years, and still marvel at the positive impact they have on individuals and groups. Recently, the nonprofit where I work was awarded a grant by the state of Wisconsin to train and certify 35-40 individuals to facilitate the Workshops. We engaged the Community Building Institute to provide Technical Assistance and Training for the project. Initially, I did not know what to expect. However, I soon came to realize how impactful this work is on a vast array of government entities, nonprofits, and individuals that have joined the project. During my many years of involvement in the Social Services Sector, I have never experienced a project with this much enthusiasm, diversity, interest, and hope. I truly believe that we have just begun to tap the potential and promise that Community Building has for the Milwaukee area community."



DAWN BARNETT

Dawn Barnett and her husband run Running Rebels, a \$4.5 million grassroots organization which provides highly effective programs for youth growing up in extremely challenging circumstances.

"Community Building has completely changed the culture of our organization on every level. We now have a common language to use when communicating. Interruptions and assumptions have been replaced by deep listening and empathy. Our team has become more honest and expressive with one another, allowing for increased productivity and an improved moral. Employees have stated that Community Building has changed their lives; I know it has definitely changed mine. We are committed to offering the CBW experience to all of our employees and embedding the CBW principals into our operational structure."



JAMIE ELDER

Jamie Elder is the appointed Director of the Office of Urban Development for the Wisconsin Department of Children & Families and serves as the urban liaison for Secretary Eloise Anderson.

"I believe that Community Building is one of the most innovative programs to be introduced to Milwaukee in recent history. Everyone is searching for a magic bullet to address the countless socioeconomic problems facing individuals and families residing in our city, but Community Building serves as a reminder that no program can begin to solve these problems without being inclusive and meeting people where they are in their life. I was skeptical when I signed up for a Community Building Workshop. But I left more in touch with myself and those around me. I hope to see a day when this experience is shared by countless others in Milwaukee so that we can build Community outside our private rooms and into our neighborhoods, homes, and workplaces."

"This is peace-making on both an intrapersonal and interpersonal level. It's an experience I wish everyone could have."

Linda L. Graham, MS, LPC/MHSP

COMMUNITY BUILDING KNOXVILLE

The overarching purpose of Community Building Knoxville is to encourage people, families and groups to connect and heal in true community, so that they may transcend their differences and thrive and be at peace. We do this by:

- 1 Promoting Community Building principles and practices with an emphasis on Community Building Workshops.
- 2 Assisting partners to incorporate these principles and practices into their existing and new programs and services.
- 3 Training Community Building Workshop Facilitators and local Trained Trainers.
- 4 Supporting a network of Facilitators to learn from each other and to advance Community Building Knoxville.
- 5 Educating the larger community and spreading the vision of Community.

COMMUNITY BUILDING INSTITUTE



Headquartered in Knoxville, Tennessee, Community Building Institute is the worldwide expert in bringing Community Building to the social sector. The organization has a rich network of seasoned facilitators and consultants with long and successful careers in both the private, social and public sectors. Community Building Institute offers Community Building Workshops, Facilitator Training, Skills Seminars, Leadership Development, Executive Coaching, Program Design, Change Management and a variety of customized planning, alignment and technical assistance services worldwide. Through strategic partnerships, the organization also offers cutting edge training in areas such as relationship-based policing and vicarious trauma.

WORKSHOP INFORMATION

Workshops are free — however, space is extremely limited, so please register early. The following dates are available in 2017. For additional information about location and schedule, please visit our website.

March 29-31, 2017

May 3-5, 2017

May 31-June 2, 2017

September 13-15, 2017

FACILITATORS

This Workshop will be lead by seasoned Community Building Institute Facilitators. For more information, please go to the registration page listed below.

CONTINUING EDUCATION

CEUs are available for this Workshop upon request.

REGISTER FOR THIS WORKSHOP

www.communitybuilding.com/calendar

(865) 224-7130

events@communitybuilding.com

